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Expert's guide to pulling women



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AS New Year's Resolutions go, finding a decent girlfriend will be right up there for plenty of single chaps.

So we've enlisted the help of British Pick Up Artist Kingy to give Sun readers some quickfire tips for anyone who missed out on pulling a cracker this Christmas.

Kingy claims to have picked-up countless women using the techniques and he believes you can too by following some of the advice below.

Sun man Lee Walpole put his ideas into action by attending one of his puamethod.com pulling workshops this week. Below he reveals how he got on...

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Don't be put off by the bad weather, this time of year leading up to Valentine's Day is the easiest time to get a girlfriend. Girls realise the significance of this festive time of year and subconsciously want a boyfriend and so are more open to meeting someone new.

Approaching women on the street is romantic. Women much prefer a cool story to accompany how they met their boyfriend. It is so much more romantic to approach her outside during the day or evening instead of meeting her at the local bar.



Working his magic ... PUA Kingy

Women are generally in a happier mood this time of year because they are out shopping in the sales. Use this as a simple conversation starter or something to talk about mid conversation. Talk about "did they manage to get all the presents they were looking for?"

Have a couple sure fire ways to start a conversation already prepared before you leave the house. It can be very frustrating and I know we have shared this experience where we see a woman that we'd like to talk to but have no idea about how to do it. An example way to start a conversation: "Hey quick question: Can you recommend a platonic present for my female friend?"

Appear Busy. It is nothing personal but when a man approaches a woman the first two things she usually is thinking is: 1) What does this guy want? And 2) How can I get rid of him?

If you let her know that you can only chat for a few minutes because you are just about to meet your friend Lucy for a coffee. She will be a lot more relaxed and open to your approach.

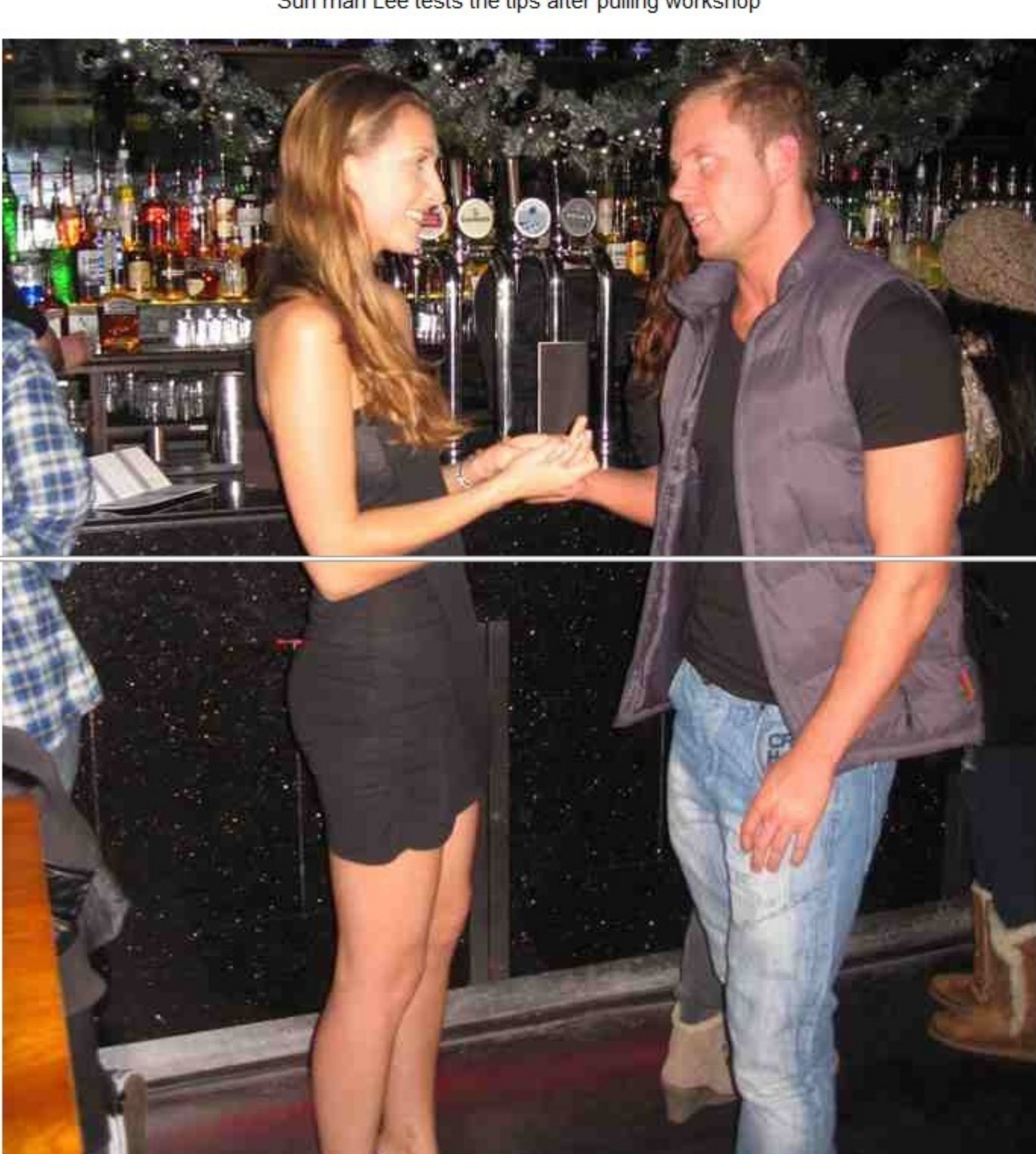
Women are more outgoing at parties. At special events women can use it as an excuse to have some fun, dress up and be a little crazier than normal.

What's the best way to get in touch with you? Let the woman decide what the best way for you to get in contact is. Don't put too much pressure on her. A simple way to do this is "Hey I love [what you like about her] maybe we can go for a cocktail next week, what would be the best way of getting in contact with you?"

Dates are not dates anymore. Just have a view to hanging out with her and having fun. No dinner dates, no big expensive gestures and no pressure. It's much cooler to grab a cocktail, a quick coffee or malt wine is fun and unique this time of year. Keep it fun and simple, somewhere where you will be able to get to know each other better.

'You're cutest I've met..in last 10 minutes'

Sun man Lee tests the tips after pulling workshop



On the pull ... Sun man Lee tries his luck

By LEE WALPOLE

KINGY pointed to a group of stunning women and whispered into my ear: "You're on your own now - you'll do fine, trust me."

I knew what he meant. Up until this point he had been showing us what to do and we had been soaking up every line.

But now I was wandering towards five gorgeous girls for my first 'set' armed with a chat-up line I was confident would fall flat on its face.

"Excuse me," I said, interrupting their conversation with all the grace of an elephant.

"You girls remind me of the Charlie's Angels."

A second's silence followed, which felt like a lifetime to me...and then one of them said something and they broke into hysterics.

Wow it had worked - or had it. Was I a natural? Did I need the pick-up course at all?

But then I realised...none of them could speak English and had taken in none of what I'd said.

This was the first of many brave/terrifying moments during my 20-hour crash course with PUA Kingy.

I was part of a group of four men - ages ranging from 21 and 38 - who had signed up to take part in the masterclass.

So after introducing ourselves at a local bar, Kingy then decided to take us to London's Trafalgar Square to practise our 'street game'.

I was first up and given an 'easy' task of asking a fairly attractive lady in her 30's for the time.

"Are you taking the p**s?" she replied, leaving me feeling,

well, a bit stupid and sheepishly shuffled off.

Kingy took me aside and told me to forget about it and move on - the only way to learn is by failing.

My next assignment was to ask five woman in five minutes for an instant coffee date using the line "Excuse me, would you like to come for a coffee with me?"

With no surprise, nobody agreed.

After the first hour of humiliation, I was beginning to think the whole thing was pointless, but by the time we headed towards the club we were so used to rejection and approach anxiety no longer bothered us. I was beginning to see a method to the madness.

By the end of the first night I'd managed to speak with several groups of woman, but only got one number.

Kingy had promised me that everything was going to plan and by Saturday night we'd be ready.

The following night, we met in a hired office suite where we watched videos of the experts in action.

We were given some fashion advice and took part in some role play with a one of Kingy's stunning female assistants.

By the end of the evening, we all felt much more confident and was approaching any woman we saw fit.

And we were succeeding with openers such as "Hey you are the cutest girl/s I've met...in the last ten minutes".

Of course, there's more to it than just a scripted opening line - but thanks to Kingy we knew how to tease with simple lines which kept their toes, such as "your nose wiggles when you're cheeky.... I like that" and "You're either the cutest girl ever, or a complete dork".

By closing time, I had three numbers and two 'instant dates' - meaning I took them away from the club and into a quieter location.

It really was amazing how easy it was once you're given a kick in the right direction, you lose your fear of failing and are shown a few tricks of the trade.

Yes, there's only so much you can do in three days, but this course certainly injected the much needed confidence into me.

Now I have no problem with meeting woman wherever I go.

As for my success rate, well I'd prefer to keep that one a secret.